



DEPARTMENT OF PSYCHOLOGY

ORIENTAL COLLEGE

PATNA CITY - 800 008

Ref. No.

Date 06.10.2026

NOTICE

The Department of Psychology is pleased to announce a Poster Making Competition to commemorate World Mental Health Day.

Theme : "Mental Health for All"
Date : 10.10.2026
Time : 10.00 A.M.
Venue : Department of Psychology

All students of the Department of Psychology are invited to participate in the competition and express their ideas and creativity through meaningful posters on mental health awareness.

Note : Participants should bring their own drawing materials - Chart paper, pencil etc.

.....
H.O.D **Head**
Deptt. of Psychology
Oriental College, Patna City-08

.....
PRINCIPAL
Principal
Oriental College, Patna City







Google

Patna, Bihar, India
J636+3cp, Tarini Prasad Ln, Sadikpur, Patna, Bihar
800008, India
Lat 25.602548° Long 85.21145°
Saturday, 10/10/2026 01:29 PM GMT +05:30

GPS Map Camera



Google

Patna, Bihar, India
J636+3rv, Sadikpur, Patna, Bihar 800008,
India
Lat 25.602572° Long 85.211923°
Saturday, 10/10/2026 01:34 PM GMT +05:30

GPS Map Camera



Google

Patna, Bihar, India
J636+3rv, Sadikpur, Patna, Bihar 800008,
India
Lat 25.60259° Long 85.211873°
Saturday, 10/10/2026 01:04 PM GMT +05:30

GPS Map Camera

ORIENTAL COLLEGE, PATNA CITY

POSTER MAKING COMPETITION

Department of Psychology

Dated: - 10/10/2026

Student's Attendance

S. No.	Name of Students	Roll	Sem.	Student's Sig.
01	Dr. FAIZI AFTAB			Faraz Aftab 10/10/26
02	Dr. Hena Hussain			Hena Hussain 10.10.26
03	Dr. Durga Bhawan.			Durga 10/10/26
04	Dr. Fauzia Perveen			Fauzia 10/10/26
05	Dr. Maryam Sakreen			Maryam 10/10/26
06	Dr. Shafina Akhane			Shafina 10/10/26
07	Nidhi Kumari			Nidhi 10/10/26
08	Maitunijala Kumari Sinha			Maitunijala 10/10/26
09	Aashika Kumari	83	I st	Aashika
10	SUMIT KUMAR	634	I st	Sumit
11	Md. Imran	749	I st	Md. Imran
12	Poity Kumari	477	VII th	Poity Kumari
13	Radha Kumari	736	VII th	Radha Kumari
14	Ihsat Tasannum	630	VII th	Ihsat Tasannum
15	Uzma	141	VII th	Uzma
16	Fiza Reyaz	149	VII th	Fiza Reyaz
17	Raunaqul Perveen	751	VII th	Raunaqul Perveen
18	Neha Kumari	568	1 st	Neha
19	Riya Kumari	622	1 st	Riya
20	Suhani Parveen	283	1 st	Suhani Parveen
21	Iram Aftab	50	VII th	Iram Aftab
22	Jannat Aftab	230	VII th	Jannat Aftab
23	AAKASH kumar	514	V	Aakash kumar
24	Mariyam Perveen	467	III	Mariyam Perveen
25	Rahnuma Perveen	756	III	Rahnuma Perveen
26	Fozia Tabassum	127	III rd	Fozia
27	Sakreena parveen	156	III rd	Sakreena parveen
28	md Aarib	73	III rd	md Aarib
29	Gulam Groush	102	III rd	Gulam Groush
30	Zainab parveen	442	VII	Zainab parveen

Head
Deptt. of Psychology
Oriental College, Patna City-08

ORIENTAL COLLEGE, PATNA CITY

Department of Psychology

POSTER MAKING COMPETITION

Date : 10/10/2026

Time : 10:00A.M

JUDGING CRITERIA

S.No.	Participant's Name	Creativity & Originality (10 Marks)	Theme & Relevance (10 Marks)	Message & Content (10 Marks)	Presentation & Layout (10 Marks)	Neatness & Finishing (10 Marks)	Total (50 Marks)	POSITION
01	Eram Aftab (50) Sem-VII	7	7	7	7	7	35	2 nd
02	Tannat Afrin (230) Sem-VII	7	7	7	7	5	33	2 nd
03	Wzma (141) Sem-VII	7	8	6	6	7	34	3 rd
04	Rahmaque Perveen (751) Sem-VII	8	7	6	7	5	33	2 nd
05	Riya Kumari (622) Sem-I	5	6	5	7	5	28	
06	Neha Kumari (563) Sem-I	6	6	5	4	5	26	
07	Rahnuma Perveen (756) Sem-VII	6	6	3	4	5	24	
08	Aakash Kumar (514) Sem-V	8	8	8	8	8	40	1 st
09	Shahreen Perveen (66) Sem-VII	7	7	5	7	7	33	5 th
10	Mariyam Perveen Sem-VII	5	5	3	7	6	26	
11								
12								
13								
14								
15								

Name of Judge Dr. Durga Bhavsani

Head
Deptt. of Psychology
Oriental College, Patna City-08

Signature of Judge
10/10/26

ORIENTAL COLLEGE, PATNA CITY

Department of Psychology

POSTER MAKING COMPETITION

Date : 10/10/2026

Time : 10:00A.M

JUDGING CRITERIA								
S.No.	Participant's Name	Creativity & Originality (10 Marks)	Theme & Relevance (10 Marks)	Message & Content (10 Marks)	Presentation & Layout (10 Marks)	Neatness & Finishing (10 Marks)	Total (50 Marks)	POSITION
01	Faram Afzal (50) Sem VII	7	7	8	7	7	36	2nd
02	Tannat Afzin (230) Sem VII	6	6	5	5	5	27	
03	Juzma (141) Sem VII	7	8	7	6	6	35	3rd
04	Raunagha Perveen (751) Sem VII	6	7	6	6	7	32	
05	Riya Kumari (622) Sem-I	5	5	5	5	5	25	
06	Neha Kumari (563) Sem-I	5	5	4	4	3	21	
07	Rahnuma Perveen (756) Sem-III	4	5	4	4	4	21	
08	Aakash Kumar (514) Sem-I	8	8	8	8	9	41	1st
09	Shahreen Perveen (66) Sem-III	6	6	6	4	6	28	
10	Trishyram Perveen (167) Sem VII	4	4	4	4	4	20	
11								
12								
13								
14								
15								

Name of Judge Dr. Fauzia Perveen

Head
Deptt. of Psychology
Oriental College, Patna City-08

Signature of Judge
10-10-26



DEPARTMENT OF PSYCHOLOGY

ORIENTAL COLLEGE

PATNA CITY - 800 008

Ref. No.

Date..13/10/2026

PROCEEDINGS OF THE POSTER COMPETITION ON **MENTAL HEALTH AWARENESS**

Date of Event : 10th October 2026
Organized by : Department of Psychology

1. Introduction & Objective

A Poster Competition was organized by the Department of Psychology on 10/10/2026 to raise awareness regarding mental health among students. The primary aim of the event was to foster sensitivity toward psychological well-being and encourage students to express their emotions and thoughts creatively.

Students participated enthusiastically, presenting themes such as the significance of mental well-being, stress management, anxiety, and positive thinking through expressive and creative artwork.

2. Addresses by Dignitaries

Address by Head of the Department (Psychology):

Dr. Hena Hussain, Head of the Department, emphasized that mental well-being is an integral component of daily human life. She stated that paying attention to mental health is just as necessary as caring for physical health. Dr. Hussain motivated students to maintain distance from excessive stress, embrace positive mindsets, and not hesitate to seek help or guidance when needed.

Presidential Address by the Principal:

The Principal, Dr. Faizi Aftab, delivered the presidential address, highlighting that art and posters serve as potent mediums to communicate and channel inner psychological emotions effectively.



DEPARTMENT OF PSYCHOLOGY

ORIENTAL COLLEGE

PATNA CITY - 800 008

Ref. No.

Date 13.10.2026

3. Evaluation and Award of Prizes

The panel of judges comprised :

Dr. Fauzia Parveen, Head of the Department of Philosophy

Dr. Durga Bhavani, Head of the Department of History

Following the evaluation of posters, standout entries were recognized with awards :

First Prize : Akash Kumar

Second Prize : Eram Aftab

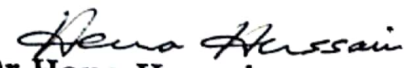
Third Prize : Uzma

4. Conclusion & Acknowledgments

The event concluded successfully in an atmosphere filled with enthusiasm, delivering a vital message on realizing the value of mental wellness and propagating awareness within society.

Key organizational support and contributions to the event's success were rendered by Roshan, Sabila, Aslam, and Anzar from the Department of Psychology.


Dr Faiz Aftab
Principal, Oriental College
Patna City


Dr Hena Hussain
H.O.D
Department of Psychology
Oriental College, Patna City
Deptt. of Psychology
Oriental College, Patna City-08

DAINIK JAGRAN DATED- 11.10.2026

सोच सकारात्मक रहना जरूरी

जासं, पटना सिटी : ओरियंटल कालेज में मनोविज्ञान विभाग की ओर से शनिवार को पोस्टर प्रतियोगिता में प्रतिभागियों ने बताया कि मानसिक स्वास्थ्य ठीक रहने को सकारात्मक सोच जरूरी है। प्राचार्य डा. फैजी आफताब, विभागाध्यक्ष डा. हेना हुसैन व अन्य वक्ताओं ने कहा कि विद्यार्थी शारीरिक एवं मानसिक रूप से स्वस्थ रहेंगे तभी हर क्षेत्र में बेहतर कर पाएंगे। प्रतिभागी आकाश कुमार को प्रथम, एरम आफताब को द्वितीय एवं उजमा को तृतीय पुरस्कार दिया गया।